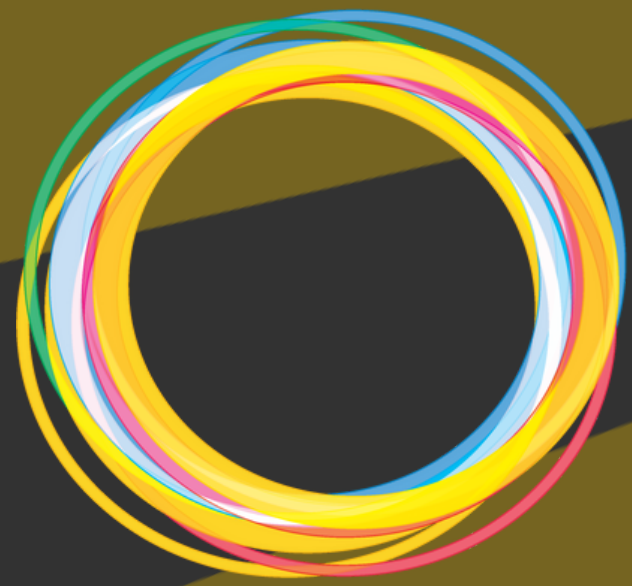


# LEARN

# GROW

# *inspire*

# MENTAL HEALTH MATTERS



## CREATIVE

# AWARE

ADVANCING WELLNESS AND RESILIENCY IN EDUCATION

The Los Angeles County Office of Education's **Center for Distance and Online Learning** Unit proposes the **Creative AWARE Project** to develop a **sustainable infrastructure** for school-based mental health programs and services by **leveraging collaborative partnerships** at the state, county, and local regional level. This project's purpose is to support Los Angeles County Local Educational Agencies to **implement mental health related promotion, awareness, prevention, intervention, and resilience activities** to ensure that school-aged youth have access and are connected to appropriate and effective behavioral health services.

**Project Goals for the 5-year federally funded Substance Abuse and Mental Health Services Administration (SAMHSA) grant are:**

- Increase awareness of **mental health, substance use, and co-occurring disorders** among school-aged youth.
- Increase the **mental health literacy** of individuals who interact with school-aged youth to understand and detect the signs and symptoms of mental illness, substance use/misuse, and co-occurring disorders.
- Promote and foster **resilience building** and mental health well-being for all school-aged youth through the Arts, specifically Media Arts.
- Provide positive **behavioral health supports; targeted services** to those who need more support; and **intensive services** to those who need them.
- Increase and improve access to **culturally relevant, developmentally appropriate, and trauma-informed school and community-based AWARE activities and services.**



CDOL  
Center for Distance  
and Online Learning

FOR MORE INFORMATION:

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